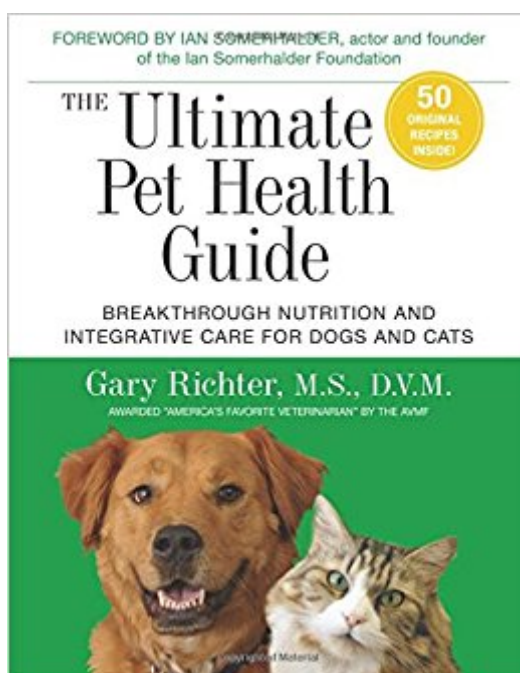


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# The Ultimate Pet Health Guide: Breakthrough Nutrition And Integrative Care For Dogs And Cats



## Synopsis

As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say it should work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern medical techniques, describing the best of complementary care and the best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to health includes nutrition, as it sets up the foundation for your pet's health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to hack the body's processes, including the immune system.

## Book Information

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## Customer Reviews

Dr. Gary Richter has given us a remarkable book that brings together the best information available for us to use in caring for our dogs and cats. It helps us understand how our pets are dealing with diseases and the conventional and complementary ways to help them. Dr. Gladys McGarey, cofounder of the American Holistic Medicine Association and internationally

recognized as the Mother of Holistic MedicineâThis book on integrative medicine is a must-read.Â There are practicalÂ approaches to diagnosis, management, and therapy for a variety of animal conditions. It's simply outstanding!

•Â W. Jean Dodds, D.V.M., founder of Hemopet andÂ Hemolife Diagnostics, and winner of the Holistic Veterinarian of the Year Award from the American Holistic Veterinary Medical AssociationâThe impact ofÂ Dr. Gary Richter's work excited meÂ to support his missionÂ by creating theÂ 50 holistic recipes contained within this book.Â Miracles are being achieved through whole-food nutrition and veterinary medicine.

•Â Susan Lauten, M.A. in Animal Nutrition and Ph.D. in Biomedical ScienceâThe Ultimate Pet Health GuideÂ byÂ Dr. Gary RichterÂ is a wonderful book. It contains excellent information on how to holistically approach medical care for dogs and cats.Â I recommend this book to all caregivers who wish for their pets to have longer and healthier lives.

•Â Huisheng Xie, D.V.M., Ph.D., founder and dean of the Chi Institute of Traditional Chinese Veterinary Medicine

Dr. Gary Richter graduated with honors from the University of Florida with his master's and doctorate degrees in veterinary medicine. Since 2002, he has been the owner and medical director of Montclair Veterinary Hospital and launched Holistic Veterinary Care in 2009. He is certified in veterinary acupuncture as well as chiropractic, and has published numerous articles on the benefits of complementary and integrative health-care options for pets. Dr. Richter and his two animal hospitals have received more than 30 local and national awards, including Best Veterinary Hospital, Best Veterinarian, Best Canine Therapy Facility, and Best Alternative Medicine Provider. Petplan named Dr. Richter one of the top 10 veterinarians in the United States in 2011, and Montclair Veterinary Hospital was named one of the top 10 veterinary hospitals in 2013. Website: [HolisticVetCare.com](http://HolisticVetCare.com)

This is a must read for everyone with the dogs and cats. Also, he is my vet. Recommend you see him for alternative care.

Dr. Gary Richter's Pet Health Guide is an eye-opening book for all pet owners. It's clear the good doctor knows his stuff and has put together this guide for all us pet owners who've never looked beyond a bag of kibble to ensure our pet's health and longevity. If you are committed to giving your pet the best life you can, I highly recommend getting the guide and seeing how your family member can live longer with better health. Not only does Dr. Richter address nutrition and includes recipes for specific ailments, he also lists herbs that are dangerous/beneficial to pets and talks extensively

about modern medicine combined with holistic medicine for pets. Does your cat have diabetes? Does your dog have cancer? Or allergies? This book is written for the common pet owner, in easy to understand terms, offering cures and treatments that just might make your pet happier and healthier. Having lost dogs to cancer, I was particularly interested in the cancer chapter that explains protocol when your pet is first diagnosed, and suggests alternative treatments that have worked wonders. Worth every penny if it keeps my dogs healthier!

I pre-ordered this book and waited rather impatiently for it to arrive for weeks because of all the good things I had heard about what was going to be in it. We had recently just gotten a rescue dog (German Shepherd) and were having all sorts of problems with his health. Based on Dr. Richter's advice, we made some changes to his diet and had a massive, immediate improvement. When the book arrived (finally!) my wife and I tore into it right away. Usually when I have hyped myself up for something in advance, when I get it, it ends up falling well short of my expectations. With this book, the opposite occurred. It's just so thorough. Yet even though there is a LOT to this book, it is easy to understand, follow and benefit from! We also have two cats and I look forward to applying what I learned in this book to their diet and overall well being as well.

This book is a gift to anyone who desires to offer the best home care for their animal. Dr. Richter writes his books like he practices his skill as a veterinarian (he's been our vet for many years). He is thorough, considers every angle, and maintains a forthright and gentle approach. And, because he's never steered us in an inconclusive or incorrect direction, I trust what he says. I appreciate how his very first chapter addresses nutrition in detail since that's a conversation that is virtually non-existent with most vets. I also appreciated the kind of detail he offers about specific diseases. For those who have curious minds and want to know, this is the book to get!

The ultimate pet health guide is the most fabulous book for my 4 cats! I'm so grateful to have this and every pet lover everywhere needs this book! Thank you Dr. Richter for the most comprehensive and easy book to understand. I thank you so much for your contribution to animal lovers everywhere! Jill Lublin - 4x Best Selling Author, International Speaker

This vet took over for the one that moved to Tasmania, with whom I had many wonderful canine visits over many years. I only met him a time or two and he seemed exceptional, but we moved too

far away to continue.

This is a must have book for every Pet Parent. It is filled with nutrition and integrative care for your Dogs and Cat. I bought one for myself and another one to give as a gift to my friend. Dr. Gary Richter makes it easy to follow!!! Highly Recommend!!!

A great book packed with information on keeping your pet healthy.

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